

Please note that this post contains affiliate links and any sales made through such links will reward me a small commission - at no extra cost for you.

[Print](#) [PDF](#) [eBook](#)

Chapped lips are no fun. And when you expose your lips to the sun without proper care, they get chapped. So if you're having trouble with rough, dry lips, here are some tips. These simple lip care tips will help you get smooth, good-looking lips that you can be proud of.

Lip Care in 3 Simple Steps

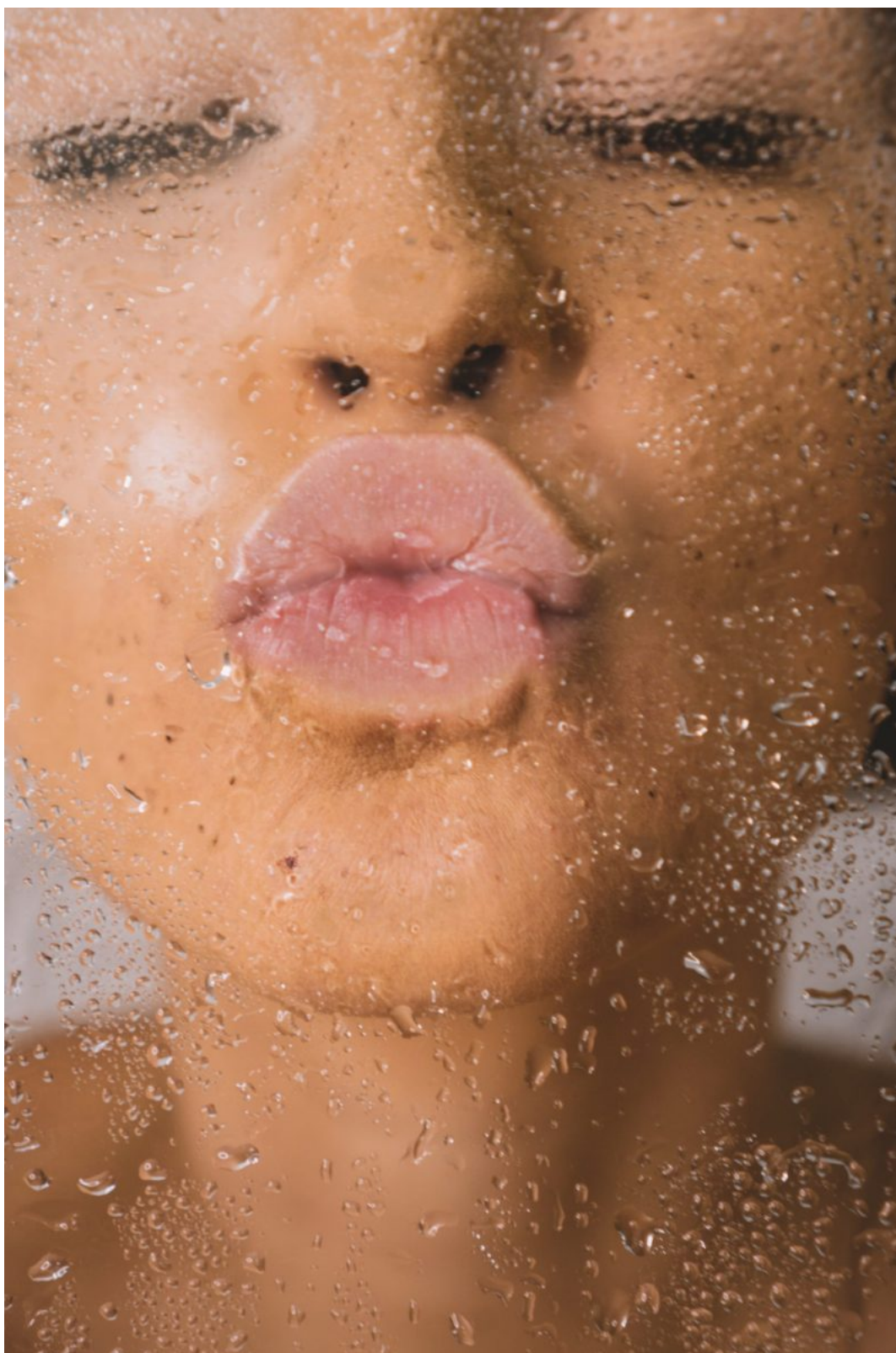


Photo by [Morgan Alley](#) on [Unsplash](#)

Hydrate

Generally, when you hydrate, it keeps all parts of your body looking and feeling fresh. Drinking lots of water is important if you want lips that are not dry or flaky.

For an extra touch, you can also use aloe vera for added hydration. Actually, aloe vera gel is amazing on the lips. Rich in antioxidants, it helps to fight against irritation and wrinkles on your lips. It does not just moisturize, it helps your lips look super amazing. This article has more about [what aloe vera gel can do for your lips](#).



Exfoliate Your Lips

Next, use a gentle [lip exfoliator](#) to exfoliate your lips. Do this at least three times a week to get rid of the rough surface skin. There are several good exfoliators out there and OFRA cosmetics

has one you could try.



Moisturize for Lip Care

Finally, get a good balm and moisturize your lips. You can do this each night before you go to sleep to keep the lips looking and feeling fresh. We shared the recipe for a [homemade lip balm](#) a while ago. This will be of great help in your lip care routine. You can try that and let us know how it goes.

One more thing, stop licking your lips people. It dries them out and makes them chapped flaky. So, keep your kissers looking great by taking care of them.

Photo credit: Photo by [Melissa Di Rocco](#) on [Unsplash](#)

*The owner of this website is a participant in the Amazon Affiliates Program. Therefore, the links here might be affiliate links and sales from them may earn a small commission for us - **at no extra cost to you**. Since we only recommend stuff we have faith in, you're in good hands.*

Love this? Share the love!

[Click to share on Facebook \(Opens in new window\)](#)

[Click to share on Twitter \(Opens in new window\)](#)

[Click to share on Pinterest \(Opens in new window\)](#)

[Click to share on LinkedIn \(Opens in new window\)](#)

[Click to email this to a friend \(Opens in new window\)](#)

[Click to print \(Opens in new window\)](#)